



YOUR HIKING ROUTE

South West Coast Path

Embark on an unforgettable hiking adventure along the South West Coast Path – spectacular coastal landscapes, charming villages and special places await you.



DAY 2 – FROM ST. IVES TO MARAZION AND ST. MICHAEL'S MOUNT: THE ST. MICHAEL'S WAY

The St. Michael's Way is part of a long-distance trail that takes you all the way to Santiago de Compostela. Today's hike is a wonderful pilgrimage journey in itself. You'll follow the tracks of pilgrims who have walked here for hundreds of years, crossing the ancient and dangerous waters of Land's End by small boats.

From St. Ives, you'll walk through the stunning Carbis Bay before heading inland towards the iconic hilltop of Knill's Monument, with magnificent views over St. Ives Bay. Next, you'll reach the legendary Bowl Rock, said to have been created by a giant throwing a huge rock (according to Cornish folklore) – and you'll be responsible for that magnificent landscape today (so they say!). Then, it's a short climb up and over Trencrom Hill, an ancient settlement site.

Ludgvan is a must-see stop – the church is a popular meeting place for pilgrims and well worth a visit. Then you'll follow the scenic Marazion marshes towards the charming village of Marazion and St. Michael's Mount at the end of the causeway.

Finally, take the bus from your accommodation in Mousehole or Penzance.



4.5 hrs approx.
(including breaks)



14.5 km
(9 miles)



530 m
elevation gain



Bus to
Mousehole
or Penzance

DAY 1 – ARRIVAL IN ST. IVES

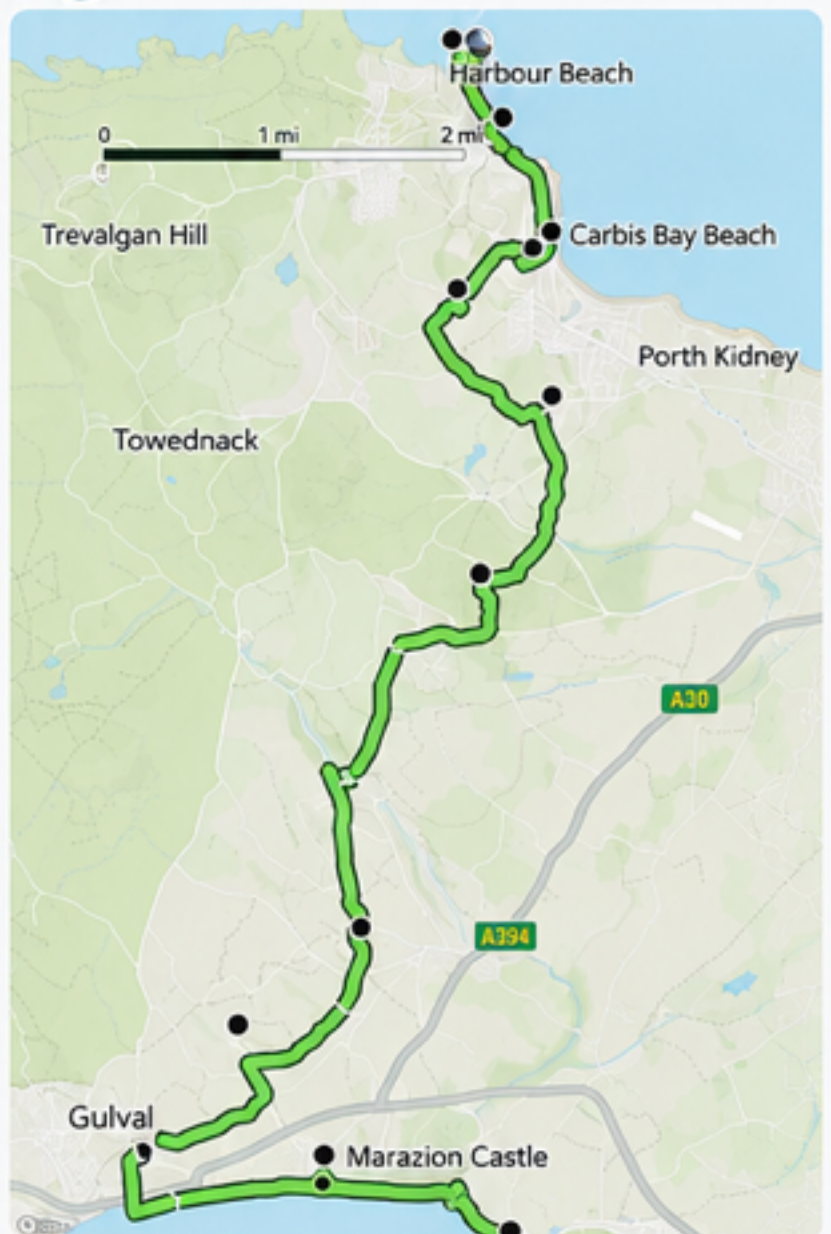


You arrive in St. Ives, check into your accommodation and then explore this beautiful town and the coastline.

If time allows, you can visit a gallery or enjoy one of the many restaurants in the harbour in the evening.



DAY 2 – FROM ST. IVES TO MARAZION AND ST. MICHAEL'S MOUNT: THE ST. MICHAEL'S WAY



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St. Ives Cornwall Experience
Your local partner





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DAY 3 – MOUSEHOLE TO PORTHCURNO

A fantastic, but also challenging and long hike that offers something for everyone. It starts in Mousehole (pronounced “Mauzel”) with its fascinating harbour and idyllic coastal scenery.

Mousehole, a small fishing village, is in Cornish. The name comes from the Cornish word “Maenel”, meaning a small harbour. To the local people, it’s not far to Lamorna Cove, but in reality it feels like a different world. Around Lamorna, winds can blow from the back or the sea can stir up huge waves.

From here you hike along wild and beautiful sections of coastline, with dramatic cliffs and sweeping views. You’ll pass secluded beaches and even some natural wonders created by nature itself.

Today’s journey ends in the Cornish village of Porthcurno, where you’ll stay overnight.

6.5 hrs
(total, incl. breaks)

13.5 km
(8.5 miles)

530 m
elevation gain

Overnight stay in Penzance approx. 1.5 hrs / 8.5 miles away



DAY 4 – PORTHCURNO TO SENNEN COVE

Another beautiful day on a spectacular coastal hike that begins in Porthcurno – internationally known for the Minack Theatre, the inspirational open-air theatre, and its fascinating Telegraph Museum with its impressive collection.

Plan time here to visit the Minack and Museum if you wish! Afterwards the path climbs up the cliffs. You’ll walk along the coast with breathtaking views, cross dramatic headlands and reach Land’s End – the most westerly point in England.

Enjoy the long, relatively gentle hike to Land’s End. After that, the path leads you over rolling terrain. Along the way you’ll pass many small hamlets, meet friendly locals and enjoy short walks when you reach Sennen Cove.

4.5 hrs
(total, incl. breaks)

11 km
(7 miles)

650 m
elevation gain



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DAY 5 – SENNEN COVE TO PENDEEN

Today's hike begins with a loop around the breathtaking, golden Whitesand Bay, a favourite with surfers who enjoy the Atlantic waves. Continue past Botallack Mines on a waymarked path. The rugged cliffs, fascinating industrial heritage and dramatic engine houses tell the story of Cornwall's rich mining past.

After Kenidjack Valley, the trail climbs to a stunning viewpoint with far-reaching views. Now the route follows the remnants of an historic mining industry. Engine houses, mine ruins and quarry works shape the landscape and reflect Cornwall's industrial history.

You'll reach your destination, Pendeen, where you'll stay overnight at The Hotel near St. Just and enjoy a cosy, well-deserved dinner and a good night's rest.

5 ¼ hrs walking time
(7 ¾ hrs incl. breaks)

13 ½ km
(8 ½ miles)

800 m ascent



DAY 6 – PENDEEN TO ST. IVES

You'll be transferred by taxi to Pendeen (please arrange pickup time with us in the evening before).

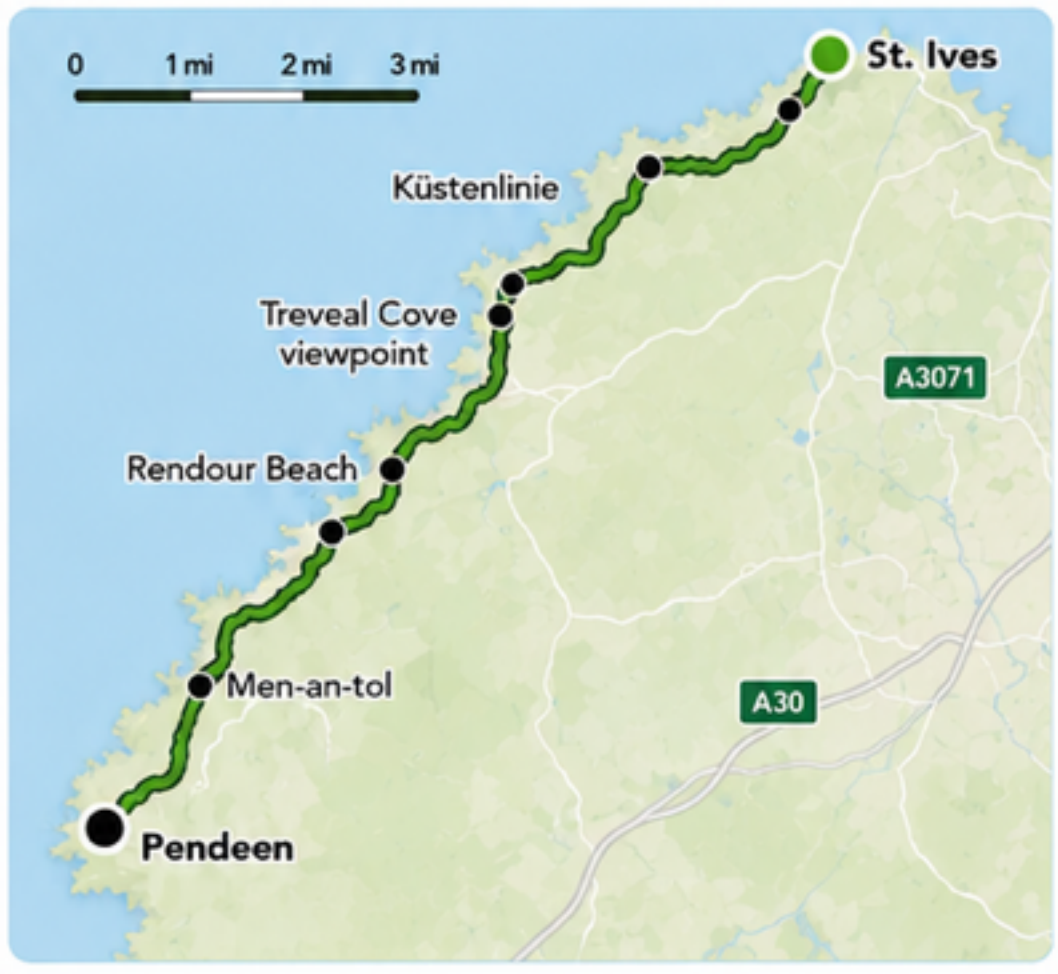
A day full of variety awaits you. Passing West Penwith's most easterly point, you'll follow in the footsteps of the legendary Tinner's Way towards St. Ives. You'll pass stone circles, quoits and menhirs. From Gurnard's Common, Men-an-tol, the Ding Dong Mine and the Nine Maidens, tales of sirens who lured unwary walkers off the path enrich this ancient route.

The Tinner's Way follows the coastline and tells the story of Cornwall's mining heritage – from the Bronze Age to the Industrial Revolution. Mine ruins and metalworking sites show the hard work of Cornish miners, who extracted both tin and copper from the land.

6.5 hrs walking time
(8.5 hrs incl. breaks)

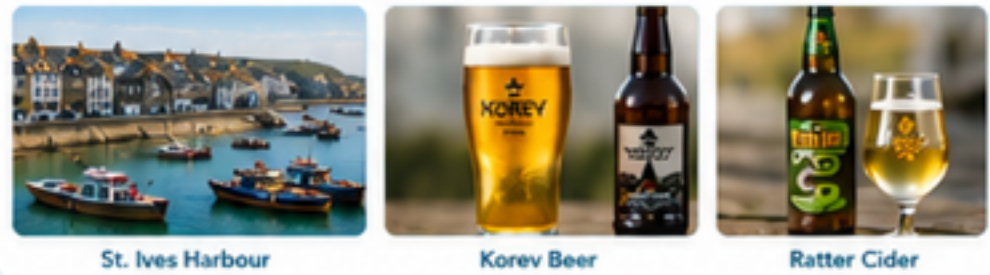
20 km
(12.5 miles)

790 m ascent



DAY 7 – ST. IVES

Treat yourself to an extra day in St. Ives and enjoy your trip with a drink! (Pint Beer – Korev is the local Cornish beer or a pint of Cider – Rattler is a cider made in Cornwall) before heading home.



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